

PSYC 370: EMOTION

Summer 2021

PROFESSOR

Name: Mark A. Ferguson, Ph.D.
Email: mark.ferguson@uwsp.edu
Office Hours: By appointment via Zoom

COURSE

Section/Credits: 1/3
Meetings/Location: None/Online via Canvas
Prerequisite: PSYC 110

DESCRIPTION AND OBJECTIVES

This course provides an overview of theory and research on emotion. It examines emotion on a continuum, from the micro-biological level up to the macro-cultural level. Given that the study of emotion cuts across the arts, sciences, and humanities, the contributions of other fields to our knowledge will be considered at several points. This broader perspective will help us to better recognize how and why emotions shape our personal and professional lives.

After taking this course, you will be able to...

- Summarize the concepts, theories, and principles of emotion research
- Explain what distinct levels of analysis contribute to emotion research
- Analyze emotional experiences from different academic perspectives

TEXTBOOK AND WEBSITE

Keltner, D., Oatley, K., & Jenkins, J. M. (2019). *Understanding emotions* (4th ed.). Wiley.

This course will be administered online through Canvas. In Canvas, you will review materials, participate in discussions, complete quizzes, and meet with the professor. To participate in this online course, you will need internet access and a web browser (login at this website: <https://www.uwsp.edu/canvas/Pages/default.aspx>) or you can download the Canvas Student mobile app for Android or iOS. You will need your UWSP login/password to access the website and app. If you would like to learn more about how to use Canvas features (such as discussions or quizzes), please be sure to review the helpful resources posted on the Canvas website: <https://community.canvaslms.com/community/answers/guides/>. If you need technical support, please contact Support directly by clicking on the Help button in Canvas.

COMMUNICATION

Our communication in this class will occur through digital methods. If you need to contact me with a private matter (such as your grades), you can send me an email. I generally respond to emails within 48 hours (except on weekends). You can also email to setup an appointment for a video meeting (on Canvas under the Zoom button). However, if you need to contact me about a public matter (such as asking a question about an assignment), you can post a question in the Frequently Asked Question (FAQ) discussion forums. The forums are open to everyone in our course, which allows questions to be posted, answered, and viewed by us all.

REQUIREMENTS

- **Reading Quizzes.** There will be twelve reading quizzes in this course. The purpose of the quizzes is to help you keep up with the textbook readings and to provide periodic feedback on your understanding of the material. Each quiz will consist of ten multiple-choice questions and will specifically focus on one chapter of textbook material. This chapter is generally from our class textbook (Keltner), but is sometimes from a different one (Niedenthal) that is posted in the relevant Canvas module. The quizzes will be available on Canvas. You should complete quizzes after reading and studying the chapter. Click the Quizzes button on Canvas and select a quiz. Quizzes will be open until the deadline (Mondays at 11:59pm). You will have 15 minutes to complete the quiz. You are allowed to take a quiz twice and receive the higher of the scores. Each quiz is drawn randomly from a larger item pool. This means that all quiz attempts (even for the same student) are unique. I strongly encourage you to read and study the chapter before taking your first attempt and to do so by around mid-week. That way, you have additional time to study in case you want to use your second attempt later in the week. Keep in mind that item pools are works in progress. Your questions and feedback about specific items are welcome! Although you are only required to complete eight quizzes, you are encouraged to complete all twelve (to replace lower grades on other quizzes). The quizzes will be worth a total of 80 points (or 40% of your final grade).
- **Discussion Posts.** There will be twelve discussion forums in this course. The purpose of discussions is to reflect on course material over the readings and to encourage conversations similar to what we might have in a physical classroom. For each discussion forum, you will be required to post twice—once with your response to the discussion prompt, and a second time in response to another student’s response. Click on Discussions button in Canvas and select a discussion forum. Discussion forums will be open until the deadline (Mondays at 11:59pm). The first post is due earlier (Fridays at 11:59pm) than the second post to give everyone time to compose their responses. You will receive an overall score for your two posts in the forum. I strongly encourage you to read the discussion handout on Canvas, which describes how to write solid posts and responses. Although you are only required to post in eight discussion forums, you are encouraged to post in all twelve (to replace lower scores on earlier posts). The discussions will be worth a total of 80 points (or 40% of your final grade).
- **Response Papers.** There will be three response papers in this course. The purpose of the papers is to provide space for personal interests and opportunities for in-depth analysis of relevant course material. For each paper, you will be required to complete an activity and answer some questions about it. These papers will be limited to 3 pages (double spaced, 1-inch margins, 12-point font) and will be submitted on Canvas. These papers will be worth a total of 40 points (or 20% of your final grade).
- **Participation Bonus.** If you clearly make a “good faith” effort to complete ALL of the quizzes, discussions, and papers in this course, you will receive an extra credit bonus worth 20 points (or an extra 10% on top of your final grade).

CALENDAR

Section	Module	Readings	Assignments	Due
Overview	1: Introduction	Keltner 1	Discussion and Quiz 1 Class Introductions	M 6/7
	2: Methods	Niedenthal 2 (on Canvas)	Discussion and Quiz 2	
Biological Processes	3: Evolutionary	Keltner 2	Discussion and Quiz 3	M 6/14
	4: Biological	Keltner 7	Discussion and Quiz 4 Paper 1	
Psychological Processes	5: Developmental	Keltner 8	Discussion and Quiz 5	M 6/21
	6: Personality	Keltner 11	Discussion and Quiz 6	
	7: Cognitive	Keltner 10	Discussion and Quiz 7	M 6/28
Sociocultural Processes	8: Social	Keltner 9	Discussion and Quiz 8 Paper 2	M 7/5
	9: Cultural	Keltner 3	Discussion and Quiz 9	
Physical and Mental Health	10: Health	Niedenthal 9 (on Canvas)	Discussion and Quiz 10	M 7/12
	11: Clinical	Keltner 13	Discussion and Quiz 11 Paper 3	
	12: Counseling	Keltner 14	Discussion and Quiz 12 Course Feedback	

The Keltner chapters can be found in your textbook. The first two Keltner chapters are posted on Canvas to give you time to obtain a copy of your textbook. However, the Niedenthal chapters are posted on Canvas in the relevant module. All assignments will open on the first day of class and will remain open until the posted deadlines (Mondays at 11:59pm). This calendar is subject to change. All changes will be posted on Canvas announcements and/or via email.

PERFORMANCE

Please use this chart to keep track of your progress in this course:

Reading Quiz	Earned / Possible	Discussion Post	Earned / Possible
1	_____ / 10 points	1	_____ / 10 points
2	_____ / 10 points	2	_____ / 10 points
3	_____ / 10 points	3	_____ / 10 points
4	_____ / 10 points	4	_____ / 10 points
5	_____ / 10 points	5	_____ / 10 points
6	_____ / 10 points	6	_____ / 10 points
7	_____ / 10 points	7	_____ / 10 points
8	_____ / 10 points	8	_____ / 10 points
9	_____ / 10 points	9	_____ / 10 points
10	_____ / 10 points	10	_____ / 10 points
11	_____ / 10 points	11	_____ / 10 points
12	_____ / 10 points	12	_____ / 10 points
Subtotal (Best 8)	_____ / 80 points	Subtotal (Best 8)	_____ / 80 points
Response Paper	Earned / Possible	Total Points	Earned / Possible
Paper 1	_____ / 20 points	Reading Quizzes	_____ / 80 points
Paper 2	_____ / 20 points	Discussion Posts	_____ / 80 points
Paper 3	_____ / 20 points	Response Papers	_____ / 40 points
Subtotal (Best 2)	_____ / 40 points	Grand Total*	_____ / 200 points
Final Grades			
A = 186-200+	B = 166-173	C = 146-153	D = 120-133
A- = 180-185	B- = 160-165	C- = 140-145	F = 0-119
B+ = 174-179	C+ = 154-159	D+ = 134-139	

* If you earn the participation bonus, please add 20 points to your grand total.

POLICIES

Coronavirus: Face Coverings. At all UW-Stevens Point campus locations, the wearing of face coverings remains mandatory in all buildings, including classrooms, laboratories, studios, and other instructional spaces. Any student with a condition that impacts their use of a face covering should contact the Disability and Assistive Technology Center (<https://www.uwsp.edu/datc/Pages/default.aspx>) to discuss accommodations in classes. Please note that unless everyone is wearing a face covering, in-person classes cannot take place. This is university policy and not up to the discretion of individual instructors. Failure to adhere to this requirement could result in formal withdrawal from the course.

Coronavirus: Other Guidance. 1) Please monitor your own health each day using this screening tool: <https://www.uwsp.edu/C19DailyScreening>. If you are not feeling well or believe you have been exposed to COVID-19, do not come to class; email your instructor and contact Student Health Services (715-346-4646). As with any type of absence, students are expected to communicate their need to be absent and complete the course requirements as outlined in the syllabus. 2) Maintain a minimum of six feet of physical distance from others whenever possible. 3) Do not congregate in groups before or after a class; stagger your arrival and departure from the classroom, lab, or meeting room. 3) Wash hands or use appropriate hand sanitizer regularly and avoid touching your face. 4) Please maintain these healthy practices outside the classroom.

Disabilities. UWSP is committed to reasonable and appropriate accommodations for students with disabilities and temporary impairments. If you have a disability or acquire a condition during the semester where you need assistance, contact Disability and Assistive Technology (<https://www.uwsp.edu/datc/Pages/default.aspx>) as soon as possible. DATC can be reached by phone (715-346-3365) or email (DATC@uwsp.edu).

Incompletes. Incompletes are only available to students in exceptional situations, such as medical emergencies or similar circumstances. They are not available for those who feel overwhelmed by routine academic or personal activities. Requests for incompletes must be accompanied by documentation. Except in extraordinary cases, incompletes must be finished within a semester or a grade of F will be entered for the course.

Illegalities. Under federal and state laws, as well as university guidelines, professors are required to report acts of an offensive or criminal nature that occur within and outside of class. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents—past and current—may be reported to the Dean of Students office (<http://www.uwsp.edu/dos/>) or local authorities.

Makeups. Makeups are only available to students who cannot complete an assessment on time due to academic, athletic, or religious obligations, serious illnesses, or other legitimate reasons. Requests for makeups must be accompanied by documentation. Except in extraordinary cases, makeups must be completed within a week of the deadline to receive credit for the assessment.

Misconduct. The professor takes academic misconduct (cheating, plagiarism, etcetera) seriously. The minimum penalty for any instance of misconduct in this course will be an automatic zero on the assessment. Stronger penalties will be considered based on the university's academic misconduct policy. To learn more about this policy, go to: <https://www.uwsp.edu/dos/Documents/UWS%2014-1.pdf>.

Netiquette. In an online course, a majority of our communication takes place in the discussion forums. Our primary means of communication here is written. The written language has many advantages: more opportunity for reasoned thought, more ability to go in-depth, and more time to think through an issue before posting a comment. Still, written communication also has some disadvantages, such a lack of the face-to-face signaling that occurs through body language, intonation, pausing, facial expressions, and gestures. Thus, please be aware of the possibility of miscommunication and compose your comments in a positive, supportive, and constructive manner. You can learn more about netiquette at: <http://global.k-state.edu/students/courses/netiquette/>.